## ORIGINAL PAPER

# Trypanosoma cruzi: experimental parasitism in the central nervous system of albino mice

Antonio Morocoima · Grace Socorro · Régulo Ávila · Ana Hernández · Solángel Merchán · Diana Ortiz · Gabriela Primavera · José Chique · Leidi Herrera · Servio Urdaneta-Morales

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**Abstract** *Trypanosoma cruzi* causes a pan-infection, Chagas disease, in American mammals through fecal transmission by triatomine insects, resulting in an acute phase parasitemia with intracellularity mainly in the myocells and cells of the central nervous system (CNS). The parasites, due to the immune response, then decrease in number, characteristic of the lifelong chronicity of the disease. We infected a mouse model with isolates obtained from reservoirs and vectors from rural and urban endemic areas in Venezuela. Intracellular proliferation and differentiation of the parasite in astrocytes, microglia, neurons, endothelial cells of the piarachnoid, cells of the Purkinje layer, and spinal ganglion cells, as well as extracellularly in the neuropil, were evaluated during the acute phase. Damages were identified as meningoencephalitis, astrocytosis, reactive microglia, acute neuronal degeneration by central chromatolysis, endothelial cell hyperplasia, edema of the neuropil, and satellitosis. This is the first time that satellitosis has been reported from a mammal infected with T. cruzi. Intracellular T. cruzi and inflammatory infiltrates were found in cardiac and skeletal myocytes and liver cells. No parasitism or alterations to the CNS were observed in the chronic mice, although they did show myocarditis and myocitis with extensive infiltrates. Our results are discussed in relation to hypotheses that deny the importance of the presence of tissue parasites versus the direct relationship between these and the damages produced during the chronic phase of Chagas disease. We also review the mechanisms proposed as responsible for the nervous phase of this parasitosis.

A. Morocoima

Eastern Center for Tropical Medicine, School of Health Sciences, Eastern University,

Anzoátegui state, Venezuela e-mail: amorocoima@gmail.com

R. Ávila · A. Hernández · S. Merchán · D. Ortiz · G. Primavera · J. Chique

School of Health Sciences, Eastern University, Anzoátegui state, Venezuela

Pathological Anatomy Unit, Ribadeo Medical Center, Anzoátegui state, Venezuela

L. Herrera · S. Urdaneta-Morales (🖂) Biology of Vectors and Parasites Laboratory, Tropical Zoology and Ecology Institute, Faculty of Sciences, Central University of Venezuela, Caracas, Venezuela

e-mail: tropism2006@yahoo.es

#### Introduction

American trypanosomiasis or Chagas disease, caused by the hemoflagellate Trypanosoma (Schizotrypanum) cruzi Chagas, 1909 (Kinetoplastida, Trypanosomatidae), is a metaxenic parasitosis whose principal mechanism of natural transmission to humans and other mammals is by contamination of the skin or mucous membranes with the feces or urine of obligatory hematophagous insect vectors (Hemiptera, Reduviidae and Triatominae). An estimated 12 million people are infected with the parasite and 80 million exposed to infection in 22 countries within the American continent, between the USA and Argentina and Chile (42° N to 49° S), this distribution being superimposed on the distribution of the triatomines (Zingales 2011).

Due to the low mortality rates (<5 %) during the acute phase of Chagas disease and the fact that it generally occurs in rural areas affecting the most unprotected and forgotten sectors of society, investigations into the effects of T. cruzi on the CNS during this phase have been, in most cases, based on old data. This, in spite of the fact that Vianna's (1911) pioneering research identified pronounced damages



to the brain, cerebellum and spinal cord accompanied by the multiplication and intracellular differentiation of the parasite in neuroglial cells in human patients. This author was also the first to interpret the pathogenesis of the process, which he characterized as a meningoencephalomyelitis. Chagas (1916), Villela and Torres (1926), Villela and Villela (1932), and others confirmed these results using experimental animals, as well as expanding our knowledge about several neuroglial cells as hosts for the parasite.

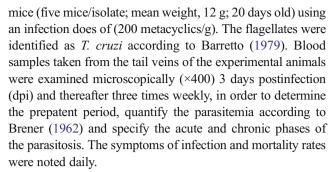
Following vector transmission, there is a 4-10-day incubation period (prepatency) during which one or two generations of T. cruzi intracellular amastigote develop preceding the evolution of the acute phase (patency). The T. cruzivertebrate host relationship at this stage is characterized by parasitemia, the invasion, proliferation, and intracellular differentiation of trypanosome stages, damages to parasitized tissues, the immune response, and inflammatory infiltrates that lead to cardio- and digestive problems, and, in many cases, damage to the CNS, these being the most common causes (10 %) of fatal acute cases. Histologically, the acute form of this trypanosomiasis is a systemic infection and the intracellular stages of the parasite can be found in all organs and cell types except non-nucleated erythrocytes and thrombocytes (Lenzi et al. 1996). A decrease in these characteristic alterations defines the transition to the chronic phase of the parasitosis (Pittella 1991; Dias 2000; Rassi et al. 2000).

From the literature, we have identified aspects that deserve further investigation into the behavior of *T. cruzi* in the central nervous system (CNS) such as: use of the same *T. cruzi* strain in different reports by the same author, use of metacyclic trypomastigotes obtained from sources different to those of natural transmission, very high inoculum levels, no identification of the parasitized or injured cells or those involved in the inflammatory reaction to the parasitic infection, and controversies over neuronal parasitism. In order to clarify some of these aspects, we carried out studies using isolates from reservoirs and vectors captured in northeastern Venezuela (Morocoima et al. 2010).

# Material and methods

Experimental infections: isolation of T. cruzi

Reservoirs (opossums, *Didelphis marsupialis*, Didelphimorphia, Didelphidae) captured in rural and urban areas endemic for Chagas disease in the north of Anzoátegui State (Northeastern Venezuela) were xenodiagnosed using fourth instar nymphs of *Rhodnius prolixus*. After dissection of these triatomines, rectal contents were diluted in sterile isotonic solution 0.85 % (*w/v*) and examined microscopically (×400). After the determination of the number of metacyclic trypomastigotes (Brener 1962), aliquots were inoculated i.p. into young NMRI



Vectors (*R. prolixus* and *Triatoma maculata*) infected naturally with *T. cruzi* (Morocoima et al. 2010) were obtained from coconut palms (*Cocos nucifera* L.; Palmae) close to houses in the villages under study. Metacyclics were then isolated from these vectors and used to infect the mouse model as described above to obtain the *T. cruzi* isolates.

Study of the behavior of T. cruzi isolates

Infected mice were killed during the period of highest parasitemia and in the chronic phase when this occurred. One mouse in each batch was killed, and samples of the brain and cerebellum were extracted; the spinal cord and the spinal ganglion were also extracted. The possible spread of the parasitism to other tissues was determined considering the heart, skeletal muscle, liver, lung, adipose tissue, and urinary bladder. All samples were immediately fixed in formalin (10 %), processed histologically, embedded in paraplast, sliced into 3-µm sections, and dyed with hematoxylin–eosin. Tissue parasitism and alterations were identified microscopically (×400 and ×1,000) and photographed using a digital camera Genius G-Shot P510. Photomicrographs were converted to gray scale and adjusted to 300 pixels.

#### Results

Five isolates from opossums, two from R. prolixus and three from T. maculata, gave the following results (means) in experimental mice (n=50) over the course of infection. Isolates from opossums and triatomines, respectively: prepatent period (dpi)=11.5-14; highest parasitemia (/ml)= $3.25\times10^5$ - $4.25\times10^5$ ; time (dpi) to reach maximum parasitemia=24-22.5; duration of the parasitemia=36-41 days; mortality=80-100 %. Of these isolates, two from D. marsupialis (MDID/VE/2009/ AM10); MDID/VE/2009/RC1), one from R. prolixus (TRPX/VE/2009/RP3), and another from T. maculata (TTMA/VE/2009/TMG1) invaded the CNS of the experimental animals, producing the following neurological symptoms 15 days (on average) after the onset of the acute phase: walking disorders (hesitation, incoordination, circular running with sideways tilt always towards



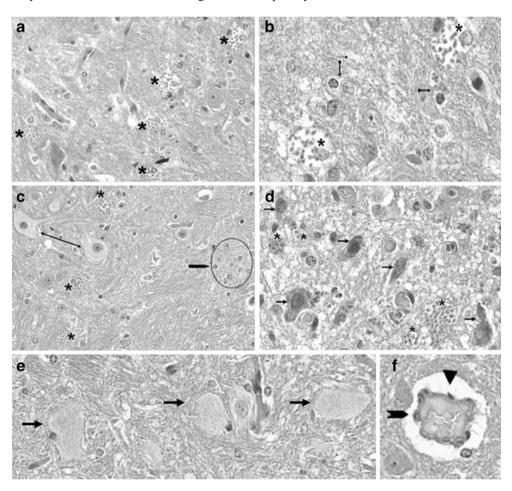
the same side), paraplegia in the hind limbs, ataxia up to the point of paralysis, and relaxation of the vesical sphincter. Loss of weight, reduced growth, abdominal swelling, and pronounced hair loss were also registered. These symptoms were extreme in chronically affected mice.

Overall, the CNS samples showed the following alterations in the brain (Fig. 1) and cerebellum (Fig. 2): meningoencephalitis of the cortex; edema of the neuropil, satellitosis, and astrocytosis in the white matter; reactive microglia; acute central neuronal degeneration by chromatolysis; random or focally distributed infiltrations with lymphocytic cells and polymorphonuclear leukocytes, sometimes near microvessels; and hyperplasia of endothelial cells.

Furthermore, an isolate from *D. marsupialis* (MDID/VE/2009/AM10), one from *R. prolixus* (TRPX/VE/2009/RP3), and another from *T. maculata* (TTMA/VE/2009/TMG1) produced pseudocysts in the brain with amastigotes or

trypomastigotes of *T. cruzi* in the cytoplasm of astrocytes and in the neuropil of the white matter (Fig. 1). Likewise, intracellular proliferation of *T. cruzi* by isolates from opossums (MDID/VE/2009/RC1), *R. prolixus* (TRPX/VE/2009/RP3), and *T. maculata* (TTMA/VE/2009/TMG1) was found in the following areas of the cerebellum (Fig. 2): cortex (amastigote nests in astrocytes associated with edema of the neuropil); granular layer (amastigote and flagellate stages in the microglial cells with edema of the neuropil and satellitosis); piarachnoid (amastigotes in meningoendothelial cells); Purkinje layer cells; and white matter (pseudocysts with amastigote forms in astrocytes). Both intra- and extracellular parasitic pseudocysts were observed in the spinal cord and spinal ganglion (Fig. 3).

All isolates moderately invaded cardiac and skeletal myocytes and hepatocytes (Fig. 4); Other tissues were sparsely invaded.

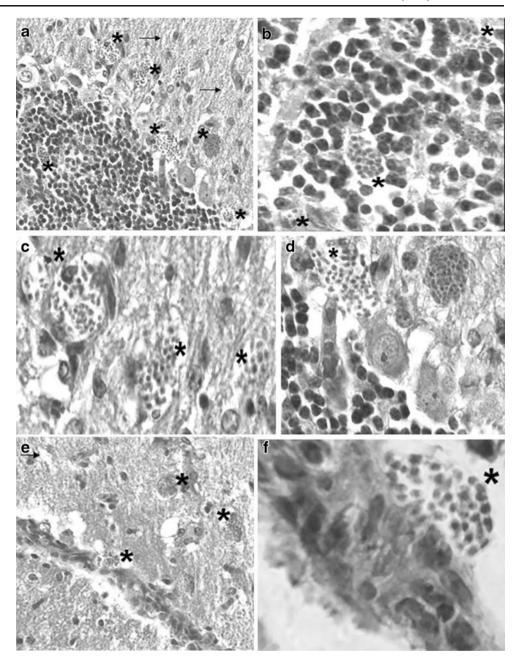


**Fig. 1** Photomicrographs of stained histological sections of the brain of experimentally infected mice. **a** White matter. Scattered pseudocysts with amastigote forms of *Trypanosoma cruzi* in astrocytes; several adjacent to blood vessels (H–E; ×400; isolate MDID/VE/2009/AM10). **b** Highly developed nests with numerous *T. cruzi* amastigotes, intermediate and flagellate stages in astrocytes; observe satellitosis and edema of the neuropil (H–E; ×1,000; isolate TRPX/VE/2009/RP3). **c** Pseudocysts with amastigote forms of *T. cruzi* in

astrocytes; adjacent neurons not parasitized; astrocytosis (H–E; ×400; isolate MDID/VE/2009/AM10). **d** Extracellular amastigote stages of *T. cruzi*; several neurons with acute degeneration; edematous neuropil (H–E; ×1,000; isolate MDID/VE/2009/AM10). **e** Several neurons degenerated by central chromatolysis (H–E; ×400; isolate TRPX/VE/2009/RP3). **f** Hyperplasia of the endothelial cells; artifact of perivascular clearance by tissue autolysis (H–E; ×400; isolate TRPX/VE/2009/RP3)



Fig. 2 Photomicrographs of stained histological sections of the cerebellum of experimentally infected mice. a Several focalized T. cruzi amastigote nests in: the microglial cells of the white matter, the Purkinje layer and the granular layer associated with edema of the neuropil (H-E; ×400; isolate MDID/VE/ 2009/RC1). b Pseudocvsts with amastigotes in microglial cells of the granular layer (H-E; ×1,000; isolate MDID/ VE/2009/RC1). c Several focalized nests with T. cruzi amastigote stages in the microglial cells of the white matter (H-E; ×1,000; isolate MDID/VE/2009/RC1). d Purkinje layer cells with T. cruzi amastigote pseudocysts (H-E; ×1,000; isolate MDID/ VE/2009/RC1). e T. cruzi amastigote nest in a meningoendothelial cell of the piarachnoid coat and in astrocytes, associated with edema of the neuropil (H-E; ×400; isolate MDID/VE/ 2009/RC1). f T. cruzi amastigote pseudocyst in a meningoendothelial cell of the piarachnoid coat (H-E; ×1,000; isolate MDID/VE/2009/RC1)



Finally, four mice inoculated with two of the *T. maculata* isolates (TTMA/VE/2009/TMG1; TTMA/VE/2009/TMG2) survived until the chronic phase (90 dpi). All individuals showed the most extreme nervous symptoms accompanied by myocarditis and skeletal myositis with extensive inflammatory infiltrates. No parasites were, however, observed (Fig. 4).

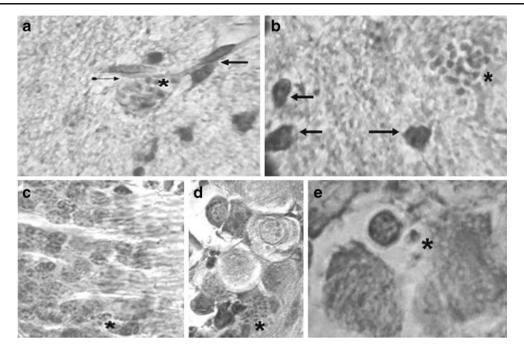
## Discussion

According to Andrade (2000), the study of the experimental behavior of *T. cruzi* in infected mammals requires prior knowledge of the susceptibility of the animal model to the trypanosome. The animals can thus

be infected with the inoculum of parasites that causes them to develop an immunologically controllable acute phase, which enables the manifestations of the chronic phase to evolve naturally. The susceptibility of mice in general, despite their genetic diversity, is sufficiently similar (and well known) to give reproducible results as regards the development of the phases of Chagas disease. It is for this reason that we used NMRI mice as a model to investigate *T. cruzi* tissue parasitism in different cells and organs (Sampson-Ward and Urdaneta-Morales 1988; Herrera and Urdaneta-Morales 1989).

In addition, we used metacyclic trypomastigote stages harvested from triatomines infected with *T. cruzi* to





**Fig. 3** Photomicrographs of stained histological sections of the spinal cord and spinal ganglion of experimentally infected mice. **a** Spinal cord: Neuronal satellitosis with amastigote nest in the edematous neuropil, acute neuronal degneration (H–E; ×1,000; isolate MDID/VE/2009/RC1). **b** *T. cruzi* pseudocyst in edematous neuropil, acute neuronal degneration (H–E; ×1,000; isolate MDID/

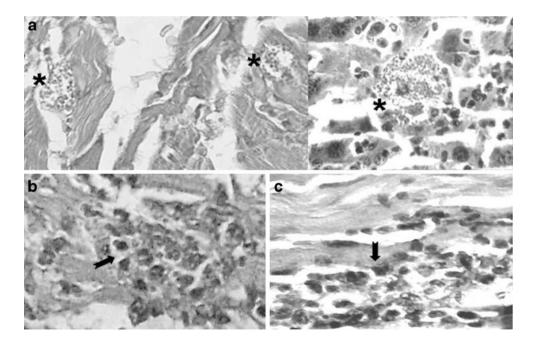
VE/2009/RC1). **c** Amastigote nest in gray matter with edema of the neuropil (H–E; ×400; isolate MDID/VE/2009/RC1). **d** Spinal ganglion with amastigote nest in capsule cell (H–E; ×400; isolate MDID/VE/2009/RC1). **e** Spinal ganglion: Intracellular *T. cruzi* amastigote nest in ganglion cell (H–E; ×1,000; isolate MDID/VE/2009/RC1)

inoculate the mice since these are the parasite stages that are naturally transmitted and also because they have proven to be highly infective compared to blood or culture media parasites (Zeledón et al. 1977).

Furthermore, given the high heterogeneity of subpopulations of *T. cruzi* (Yeo et al. 2005; Zingales et al. 2009), we

used 10 isolates from reservoirs and vectors captured in endemic rural and urban areas. Regarding this, we must reemphasize that Lenzi et al. (1996) did not observe either parasitism or inflammatory infiltrates in the CNS when he used the CL strain that parasitizes cells of three embryonic strata, despite infecting the peripheral nervous system and

Fig. 4 Photomicrographs of stained histological sections of other tissues of experimentally infected mice: skeletal muscle fibers (a) and liver cells (b) showing pseudocysts with T. cruzi amastigotes in the acute phase of Chagas' disease (H-E; ×400; isolate MDID/VE/ 2009/AM10); skeletal muscle fibers (c) and cardiac muscle (d) of the chronic phase showing diffuse inflammatory infiltrates and loss of muscle fibers (H-E; ×1,000; isolate TTMA/ VE/2009/TMG1)





autonomic ganglia. Neither did Silva et al. (1999) find amastigotes in the CNS of mice infected with the Colombian strain notwithstanding the high parasitemias produced. This highlights the complex histotropism of *T. cruzi* that produces, among other characteristics, the aforementioned heterogeneity underlining the need to use parasite isolates from different sources when undertaking investigations such as this.

The CNS cells parasitized or damaged by *T. cruzi* have not been completely identified, as a detailed review of the available scientific information revealed. In this study, we identified the presence of *T. cruzi* amastigote, intermediate and trypomastigote stages, either localized or scattered, in astrocytes, microglia, meningoendothelial cells of the piarachnoid coat, Purkinje cells, brain and cerebellar cortex cells, and cells of the spinal cord and spinal ganglion. Astrocytes and microglia proved to be more frequent and appropriate environments for the parasites, thus explaining why they are the main targets for invasion and proliferation of *T. cruzi* in the CNS, regardless of the origin of the parasite subpopulation used. In addition, these cells were often found adjacent to vascular structures, which could facilitate parasite dispersion.

We would like to highlight our observations of the damages to the CNS produced by *T. cruzi*, such as: meningoencephalitis, edema of the neuropil, astrocytosis, hyperplasia of endothelial cells, satellitosis, and acute degeneration of neurons by central chromatolysis. Although chromatolysis has been previously reported (Villela and Villela 1932), it has been scarcely documented elsewhere and has even been debated by some authors. This is the first time, as far as we are aware, that satellitosis has been reported from a mammal infected with *T. cruzi*.

Our results lead us to suggest that the different aspects we have discussed regarding the *T. cruzi*—mammal—host relationship should be further investigated in order to try to explain the genesis of the tissular lesions observed during the chronic phase of Chagas disease. Teixeira et al. (2011), after discussing the persistence of the parasites, autoimmunity, and the neurogenic hypothesis, accepted the cryptic persistence of *T. cruzi* in chronic patients with cardiac disease, megacolon, and megaesophagous, even though they judged that these alterations were not supported by their findings.

Conversely, the fact that parasites have been found in blood cultures or by xenodiagnosis and that parts of their genome have been detected by molecular biology tools in chronically infected patients suggests the ubiquitous and persistent presence of pseudocysts with amastigotes encrypted in the tissues that could explain the intricate pathogenesis of chronic Chagas disease. This behavior of *T. cruzi* could be facilitated by regional differences in the dynamics of the immune response against the parasite in specific sites such as cardiac, skeletal, intestinal, and nervous tissues (Zhang and Tarleton 1999; Tarleton 2001; Higuchi et al. 2003; Marinho et al. 2004; Benvenuti et al. 2008; Marcon et al. 2011). According to these

authors, the presence of T. cruzi and/or metabolites is absolutely correlated with the severity of the chronic phase of the disease, and, although the number of amastigotes is relatively low, their pathogenicity is comparable to that of the acute phase (Añez et al. 1999). Furthermore, intracellular amastigotes and trypomastigotes have been identified in preadipocytes and mature adipocytes of mice in the acute phase and T. cruzi has been detected by PCR in adipose tissue up to 300 dpi (Combs et al. 2005; Herrera et al. 2005; Nagajyothi et al. 2009). In addition, amastigotes have been observed in in the gingiva of patients and fibroblasts in the cornea and placental stroma of experimental animals (Moreno et al. 2005; Herrera et al. 2007; Añez et al. 2011). Thus, the many and diverse tissue microhabitats available to the parasites could act as long-term reservoirs during the chronic phase, from which infection relapses could occur.

The CNS is considered an immunoprivileged site since the entrance of macromolecules and immune cells is restricted. However, this system is a target for acute infections by viruses and parasites including *T. cruzi*, depending on the state of the blood–brain barrier that is formed during the fetal stage and develops gradually from then onwards to days to weeks after birth (Xu and Ling 1994). Thus, one of the reasons why the parasites were able to use different types of nervous cells as hosts, their wide proliferation, and the severity and extent of the injuries observed in the CNS could be that the mice we used were juveniles and consequently had an undeveloped blood–brain barrier (Da Mata et al. 2000).

Some parasites may manage to infiltrate and infect the CNS by avoiding its unique immune response. Examples of CNS-invasive parasites are Acanthamoeba culbertsoni, Naegleria fowleri, Entamoeba histolytica, Toxoplasma gondii, Plasmodium falciparum, Plasmodium vivax, Plasmodium ovale, Trypanosoma brucei gambiense, Trypanosoma brucei rhodesiense, Trypanosoma cruzi, Schistosoma mansoni, Schistosoma haematobium, Schistosoma japonicum, Angiostrongylus cantonensis, Strongyloides stercoralis, Toxocara canis, Trichinella spiralis, Paragonimus westermani, Taenia solium, Histoplasma capsulatum, and Paracoccidiodes brasiliensis (Syed and Syed 2010).

As has already been mentioned, histopathological alterations in the CNS during the acute phase of Chagas disease have been demonstrated by Vianna (1911), Chagas (1916), Villela and Torres (1926), and Villela and Villela (1932), among others. Chagas (1916) emphasized the possibility of a nervous form of the disease, based on motor, intelligence, and language impairments in children. Nevertheless, the effects of the parasite on the CNS during the chronic phase as well as the behavioral changes it may produce after invasion of the host brain require further study.

Because of this, and the fact that in our study the symptoms shown by the animals infected with *T. cruzi* were unquestionably neurological, we would like to discuss recent



investigations about the Apicomplexa parasite T. gondii. T. gondii is a ubiquitous intracellular obligatory of cells of the CNS (astrocytes, microglia, and neurons) and myocytes, among others and causes neurological damage in the acute phase of the infection as well as changes in the natural behavior of the host in the chronic phase. This parasite has been held responsible for behavioral disturbances in its intermediate hosts (rodents, lagomorphs, insectivores, carnivores, and primates, including man), such as learning retardation and memory performance, decreased climbing in novel and familiar environments, and an increase in the number of movements (sometimes with circular movements towards one side). An increase in the predation of rodents and in the transmission of the parasite to its definitive hosts (felines, especially the domestic cat) has also been reported due to a decrease in exploratory activity of the prey necessary for obtaining basic information about their environment. This has been linked to infections of the rodents by slow growing bradyzoite-containing cysts, localized mainly in the CNS, muscle and eye tissues. These cysts pass into the ileum, enterocytes, and excyst, then differentiate into fecal oocytes, and are shed into the environment, where they contaminate the food and water supply, infecting per os additional felines as well as intermediate hosts (Witting 1979; Hay et al. 1985; Silva and Langoni 2009; Gatkowska et al. 2012).

Bradyzoites present in intermediate hosts eaten by felines may also differentiate into rapidly growing tachyzoites, thus repeating the cycle. In addition, *T. gondii* possesses the unique ability to bypass reproduction within the feline and directly infect intermediate hosts by oral ingestion. A similar cycle may be produced in humans on eating raw or undercooked meat. The molecular mechanisms by the interconversion of tachyzoites and bradyzoites is not well defined (Sullivan et al. 2009; Kamerkar and Davis 2012).

Immunosuppressed humans by tissue transplants or chemotherapy for cancer or infection by AIDS are particularly susceptible to these types of infection. The tachyzoites proliferate indiscriminately and differentiate into bradyzoites, which have particular cardiac and CNS tissue tropism, leading to severe cardiovascular and neurological complications. Recent results have demonstrated the tight relationship between neurosychiatric disorders (epilepsy, schizophrenia, and Parkinson' disease) and infection by *T. gondii*. These are produced when the humoral and cellular immune response becomes compromised, mainly affecting the cerebral hemisphere, cerebellum, and basal ganglia. Further studies are necessary in order to establish the role of *T. gondii* in the etiopathogenesis of these disorders (Yolken et al. 2009; da Silva and Langoni 2009; Miman et al. 2010; Contreras-Ochoa et al. 2012).

In a similar way to toxoplasmosis, the reactivation of the chronic phase with the CNS as a primary target is produced in immunosuppressed humans infected with *T. cruzi* with numerous amastigotes found in the astrocytes and microglia

of white matter in the brain and blood (Mattosinho-Franca et al. 1969; Rocha et al. 1994; Córdova et al. 2010).

The elevated expression of chemokines and receptors in inflammatory cells or blood vessel endothelial cells of the CNS associated with degenerative chronic diseases has been studied by Silva et al. (2010) in relation to Chagas disease. These authors also suggest the need to determine whether glial cells control the parasites or the neuroimmune response during chronic meningoencephalitis.

Our suggestion of the presence of many and ubiquitous microniches that lodge parasites, thus acting as reservoirs during the chronic phase and producing infection relapses, should be tested with regard to Pitella (2009) who studied patients with chronic heart disease and cerebral infarctions and Prost et al. (2000) who demonstrate electrophysiologically cerebral envelopment during chronic Chagas' disease.

Mangone et al. (1994) and Py et al. (2009) showed an association between Chagas disease and cognitive dysfunction as white matter brain disease, as well as between parasympathetic system alterations and white matter brain lesions, respectively. Silva et al. (2010) observed neurological signals in experimental mice similar to those found in our investigation and in studies on *T. gondii* (Gatkowska et al. 2012). These authors are at present undertaking experiments to determine the possible influence of parasite infection and the immune response of the CNS in behavioral abnormalities.

These findings, following the suggestion made by Coura (2010) that new approaches to the study of Chagas disease should be taken, indicate that it would be interesting to establish whether certain neurotropic *T. cruzi* strains behave in the CNS in a similar way to that of the aforementioned findings.

# Descriptors of photomicrographs

Photomicrographs of hematoxylin–eosin (H–E) stained histological sections of parasitism and tissue alterations produced by *Trypanosoma cruzi* in the brain (Fig. 1), cerebellum (Fig. 2), spinal cord and spinal ganglion (Fig. 3), and other tissues (Fig. 4) of mice experimentally infected with isolates from opossums and triatomines. The symbols used in the figures are as follows:

\* Intra- or extra-cellular pseudocysts

Edema of the neuropil

Satellitosis

Normal neurons

Damaged neurons

Astrocytosis

Hyperplasia of endothelial cells

Artifact of perivascular clearance

Diffuse inflammatory infiltrates and loss of muscle fibers



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